

VISITING SERVICES			
	Business	Description	Bookings
Monday	Sureway	Employment and training	1300 787 392
	Jaimee's Hairdressing	Hair care and styling	0484 149 430
Tuesday	Connect Hearing	Audiology	07 3202 1727
	West Moreton Health	Disaster recovery, mental health	07 3818 4848
	Jaimee's Hairdressing	Hair care and styling	0484 149 430
Wednesday	Verto	Inclusive employment	1300 483 786
	Jaimee's Hairdressing	Hair care and styling	0484 149 430
Thursday	Mylestones	Disability employment	1300 635 627
	Express Yourself Hair & Co	Hairdressing by Lisa Bell	0423 858 775
Friday	Niami National	Mental health support	07 3493 6750
	Mylestones	Disability employment	1300 635 627
	Express Yourself Hair & Co	Hairdressing by Lisa Bell	0423 858 775

OTHER SERVICES	
Services Australia Agent	Assistance with Centrelink enquiries, including phone and computer access, faxing, ID checks and further referrals to Centrelink support centres. We can also lodge forms and documents for Medicare and Child Support. Open 9am to 12.30pm weekdays.
No Interest Loans Scheme (NILS)	Assistance with the application process for people on a low income or receiving support from Centrelink.
Aftercare Connect	A gentle support pathway for people who may feel unsure, overwhelmed, or disconnected after completing a program or service. Contact the centre on 07 5302 1110 to make an appointment with program creator Seira Isaako.

VOLUNTEER WITH US

We're always on the look-out for passionate people who are willing to lend a hand and give back to the community.

There is no commitment required and full training is provided, so please get in touch if you are interested in volunteering. Opportunities exist in:

- › Cafe & catering
- › Community outreach
- › Logistics & administration
- › Garden & grounds maintenance

Note: All information correct at time of printing and subject to change.

What's On at Fassifern Community Centre

OPENING HOURS: Mon, Tue, Thu, Fri 9am - 3pm
Wed 9am - 12:30pm



4 Little High Street, Boonah 07 5302 1110 fassifern@carinity.org.au

carinity.org.au/fassifern facebook.com/carinityfassifern

AN OUTREACH OF QUEENSLAND BAPTISTS



TIMETABLE					
	Activity	Time	Description	Cost	Contact
Monday	Skilling Queenslanders for Work	9am (optional support day)	Get qualified for a career in aged care, disability support or early childhood education. Enrolments essential.	Funded by the Queensland Government	Fassifern Community Centre 07 5302 1110
	Tai Chi	4pm (during school term)	Gentle, low-impact exercise involving a series of deliberate, flowing motions while focusing on deep, slow breaths.	\$5 (plus U3A annual membership)	Cathy Cooper cathycooper17@icloud.com
	Computer classes	Various dates and times	Beginner and advanced classes. Enjoy the friendly atmosphere while you learn computing skills.	Included in U3A annual membership	Marcia 0476 200 289
Tuesday	Skilling Queenslanders for Work	9am (compulsory classroom day)	Get qualified for a career in aged care, disability support or early childhood education. Enrolments essential.	Funded by the Queensland Government	Fassifern Community Centre 07 5302 1110
	Gym Sticks	2:45pm (during school term)	Fitness program to improve cardiovascular health, muscular endurance and flexibility for mature ages.	\$7 (plus U3A annual membership)	Maree Potts 0416 056 801
	Karate	3:30pm	Black Dragon Kai Combat Systems offers the most up-to-date and relevant techniques, theories and training methodologies.	Upon enquiry	Peter 0467 392 798
Wednesday	Ex-Service Peer Group	10am	The group is aimed at support and friendship. Come and have a yarn.	Free	Fassifern Community Centre 07 5302 1110
	Photography Club	10am (first Wednesday of the month)	The club shares knowledge of photography and editing techniques.	\$2 (plus U3A annual membership)	Heather 0418785530 or Barb madhornet@bigpond.com
Thursday	Social Bingo	9am	Social fun and prizes to be won.	\$5 to play +\$6 morning tea	Betty Wilson 0466 189 319
	Fassifern Suicide Prevention Network	11:30am (third Thursday of the month)	The network raises awareness, reduces stigma, educates and resources the community. New members welcome!	Free	Fassifern Community Centre 07 5302 1110
	Karate	4pm	Black Dragon Kai Combat Systems offers the most up-to-date and relevant techniques, theories and training methodologies.	Upon enquiry	Peter 0467 392 798
Friday	Community Café 11	9am - 12.30pm	Affordable drinks, meals and snacks.	Priced per item	Fassifern Community Centre 07 5302 1110
	Musical Connections - Instruments	10am	Beginner guitar and ukulele lessons.	Free	Fassifern Community Centre 07 5302 1110
	Musical Connections - Singing	11am	Sing along to your favourite songs.	Free	Fassifern Community Centre 07 5302 1110
	Community BBQ Lunch	Noon	Join us for food and friendship.	Free (gold coin welcome)	Fassifern Community Centre 07 5302 1110
	Mobile Hairdresser	By appointment (first Friday of the month)	Mobile hairdresser Kim Spencer provides free haircuts to the community. Appointments essential.	Free	Fassifern Community Centre 07 5302 1110
By appointment	Carinity Connections Project	Various dates and times (subject to volunteer availability)	Assists people who are vulnerable or elderly with home maintenance services like lawn mowing, whipper snipping and rubbish removal.	Free (donations welcome)	Fassifern Community Centre 07 5302 1110

SPECIAL EVENTS

In addition to our regular timetable, the community centre hosts a range of events throughout the year. Stay up-to-date by following us on Facebook!