



# Guide to applying and moving into an aged care community

Moving into an aged care community can often be a difficult and emotional decision. This seven-step guide aims to help older people, families and carers understand the process.

## 1 Eligibility assessment

Organise a free ACAT assessment to discuss your care needs.

Contact My Aged Care  
Call **1800 200 422**  
Visit **[myagedcare.gov.au](http://myagedcare.gov.au)**

## 2 Asset & income assessment

Complete the Government's **asset and income assessment** to determine funding assistance.

## 3 Find a care community

Carinity has 11 residential aged care communities across Queensland. View our communities at **[carinity.org.au/agedcare](http://carinity.org.au/agedcare)**

Or use the My Aged Care community finder at **[myagedcare.gov.au](http://myagedcare.gov.au)**

## 4 Book a visit

Tour your preferred residential aged care communities and short-list those that best meet your needs.

## 5 Apply

Apply to the communities that you prefer. For a Carinity Application Pack, contact us today. Call **1300 109 109**  
Email **[agedcare@carinity.org.au](mailto:agedcare@carinity.org.au)**

## 6 Pre-admission paperwork

Review and sign your Resident Agreement and return to Carinity on or prior to your admission.

## 7 Welcome to your new community

We look forward to welcoming you to your new home and community.

## 1 Eligibility assessment

If you're thinking about moving into an aged care community that is subsidised by the Australian Government, you will first need an assessment with a member of an Aged Care Assessment Team (ACAT).

At an ACAT assessment a nurse, social worker or other health professional will come to your home (or the hospital, if you're currently in hospital), talk with you about your needs and assess whether you are eligible to receive care and which services you need.

A member of an ACAT will talk to you about your current situation and help you work out what your options are.

To find your local ACAT, organise a free assessment, or for more information about ACAT assessments, visit My Aged Care at [myagedcare.gov.au](http://myagedcare.gov.au) or call **1800 200 422**.

### After the assessment

Once you have completed the ACAT assessment, you will receive a letter to let you know if you have been approved as eligible for Australian Government subsidised aged care services. Your letter will tell you what type of services you're eligible for and approved to receive, as well as the reasons why. You should keep a copy of your letter because you will need to show this record to organisations to confirm that you are eligible to receive Australian Government subsidised aged care services.

If you are not eligible to go into an aged care community, an ACAT may suggest other options so you can receive the care you need. For example, you may be eligible to receive some help at home.

Visit [CarinityHomeCare.org.au](http://CarinityHomeCare.org.au) for more information.

## 2 Asset and income assessment

The assets and income assessment is used to determine if you are eligible to receive assistance with your accommodation costs from the Australian Government and if you need to pay a means-tested care fee.

Completing the form is not mandatory, however, if you choose not to complete an assets and income assessment, you will not be eligible for any Australian Government assistance towards your care or accommodation costs.

Download a copy of the form from [humanservices.gov.au/individuals/forms/sa457](http://humanservices.gov.au/individuals/forms/sa457)



### 3 Find a care community

Once you've received a letter to say you are approved as eligible for residential aged care, you can start looking for and applying to aged care communities.

Carinity have 12 communities across Queensland. View our communities online by visiting [carinity.org.au](https://www.carinity.org.au).

You can also use the My Aged Care community finder at [myagedcare.gov.au](https://myagedcare.gov.au) or by calling **1800 200 422** to find other Carinity care communities.

### 4 Book a visit

The best way to find a place that suits you is to visit a few different communities. Each community is different, so visiting them will help you to find out what you can expect.

As you visit each community, you may also want to make some notes about what you like. You'll be able to see what the accommodation is like, and what types of care, services and activities they offer.

### 5 Apply

You can apply to as many communities as you like. When a suitable place becomes available, the aged care community will contact you or your nominated contact person.

To apply to a Carinity residential aged care community, simply call us on **1300 109 109** or email [agedcare@carinity.org.au](mailto:agedcare@carinity.org.au) and we'll send you an application pack.

### 6 Pre-admission paperwork

Before you move in, the community will offer you a Resident Agreement, which is a formal agreement between you and your aged care community covering things like services, fees and rights and responsibilities. It's a legal agreement between you and your aged care community. You will need to return a signed copy to Carinity on or prior to your admission.

### 7 Welcome to your new community

When you move in there are lots of new things to experience. There will be new routines, new surroundings and new people all living together under one roof. You may have help with many of the day-to-day tasks that you've been used to doing for yourself, and there will be plenty of social activities going on in your new community.

You'll get to decide what you want to do each day and have control over your personal matters. Staff at the community will respect your privacy, and your friends and family will be able to visit at any time.



# Carinity Residential Aged Care

We operate 12 communities throughout Queensland, catering for varying levels of care including permanent residential care, respite care, memory-assisted living and palliative care.



## CARINITY AGED CARE COMMUNITY LOCATIONS

Hilltop, **Kelvin Grove** • Wishart Gardens, **Wishart** • Clifford House, **Wooloowin**  
Brookfield Green, **Brookfield** • Cedarbrook, **Mudgeeraba** • Colthup Manor, **Ipswich**  
Brownesholme, **Highfields** • Karinya Place, **Laidley** • Kepnock Grove, **Bundaberg**  
Shalom, **North Rockhampton** • Summit Cottages, **Mount Morgan** • Fairfield Grange, **Townsville**

Call us today on **1300 109 109**

Visit **carinity.org.au**